



SHINKYOKUSHIN KARATESCHOOL SHINZO DOJO AVERBODE

Shihan, Sensei, Senpai,

On behalf of **Shinzo Dojo** and the **Belgian Karate Organization Shinkyokushin** we are honored once again to invite you to the:

Belgian Championships Shinkyokushin Karate 2025

The event will take place **SUNDAY FEBRUARY 9th 2025**
Sportshal Averbode
Vorststraat 55
3271 Averbode.

The weighing will start at 08h30 and the elimination rounds will start at 11h30. There will be no more weighing allowed after 09h30. So please arrive on time!

There will be fought according to the rules of the (Shin)Kyokushin-kumite.
Participation is possible for kids, juniors and adults.

The registration fee for each competitor is 12 euro and should be paid on account **BE74 9734 4124 0607**.
Entrance tickets for spectators are 10 euro. Children under 12 are free.
2 coaches per dojo are allowed free entry. Starting from 10 competitors, 3 coaches are allowed.

Weight classes:

● **Kids (6-7 years):** 1 fight with an opponent with \pm the same weight.
(Each fight lasts 1,5 min; no extension possible)

● **Kids (8-9 years), (10-11 years), (12-13 years), (14-15 years):**
These categories will be divided according to the number of competitors and with a maximum weight difference of 5 kg. (Each fight lasts 1,5 min (excl. 8-9 years = 1 min); no extension possible.
Pool system will be applied: Win = 3 pts., draw = 1 pt, loose = 0 pts.)

● **Juniors (16-17 years):** - Boys: -55 kg, -65 kg, -75 kg, +75 kg
- Girls: -50 kg, -57,5 kg, +57,5 kg
(These categories are under approval of the number of participants.)
(Each fight lasts 2 min. + 2 min. extension (enchosen). Finals: 2 min. + 2 min. extension + 2 min. extension (enchosen)).

ATTENTION: For youth until 17 years we use the traditional (shin)kyokushin rules. The fights will be with closed helmets (provided on each tatami). Hiza and Mae geri Jodan are hereby allowed.

- **Seniors (+18 years):**
 - Men: -65 kg, -75 kg, -85 kg, +85 kg
 - Women: -60 kg, -65kg, +65 kg

(Each fight lasts 2 min. + 2 min. extension (enchosen). Finals: 2 min. + 2 min. extension + 2 min. extension (enchosen)).

Protection:

- Competitors until 15 years: shinpads, gloves, closed helmet and groin protection.
- Junior competitors 16-17 years: shinpads, closed helmet and groin protection.
- Senior competitors +18 years, Men: shinpads and groin protection
- Women: same rules + breast protection. (no plates)

** mouth guard and knee protection (soft kind) is optional for all competitors.*

ATTENTION: We need to receive your registration before January 26th, 2025.

The registration form is enclosed.

Please note we have a limited number of participants, if this number is reached, we cannot accept more registrations.

Registration is final once we have received the full amount on account **BE74 9734 4124 0607**.

We would appreciate if your dojo could provide at least one referee who are familiar with the (Shin)Kyokushin tournament rules. Please provide their names at the registration.

Without them there can be no tournament.

We would like to have a disciplined and sportive event, that is why we want to point out some basic rules of the tournament:

1. Please send the registration form in time to shinzodojo@live.be no later than 26/01/2025.
2. Be on time for the weighing. A weight difference of more than 5 kg compared to the initial weight gives chances of exclusion.
3. Coaches have to be in tracksuit.
4. Maximum 2 coaches for each dojo. Starting from 10 participants or more, 3 coaches allowed.
5. Participants have to bring their own protection. With exception of the closed helmet.
6. The decision of the referees is binding and irrevocably. Also, they have the right to stop the fight when they believe continuing to fight is irresponsible.
7. Sign the enclosed declaration (for each competitor) and show it at the weighing.

The purpose of these rules are to provide for a clean and smooth tournament, In order for participants, as well as supporters, to have a nice day.

We hope to soon greet you and your fighters.

See you then!

OSU!!

Shinzo Dojo

Tournament Organization

We wish everyone a SPORTIVE TOURNAMENT!

DECLARATION

KARATESCHOOL SHINZO DOJO AVERBODE

Belgian Championships Shinkyokushin 2025

Sunday, February 9th 2025

Undersigned, parent or legal guardian, of the minor, declares to be aware of the participation and rules of this tournament.

Name competitor (print).....

Undersigned hereby relieves the organization and/or referees of this event from any kind of responsibility, what so ever.

("Read and approved" written by hand).

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Name:(parent or legal guardian)

Signature:.....Date...../...../2025

Dojo:

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Coach:

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Address:

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